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Raised temperature increasing discomfort and fluid needs Pneumonia

Adult Health Nursing | Focused diagnosis-based template

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Fictional educational example. Individualize using verified patient findings, authorized treatment and current local protocols. No real patient record or observed outcome is claimed.

Clinical assessment

Subjective: Productive cough, fever, pleuritic discomfort and reduced appetite.

Objective findings and required checks: Fever, crackles and increased respiratory rate; oxygenation and sepsis risk need review.

Physical examination and investigations: Review chest imaging when ordered, blood count, oxygenation and indicated microbiology.

Supply actual values, units, timing and trends during supervised application. Do not invent missing clinical data.

Clinical focus and pathophysiology

Pneumonia: Infection and inflammation fill alveolar spaces and impair gas exchange.

Medical / surgical management

Assess severity, support oxygenation and hydration within the plan, and give indicated antimicrobials promptly.

Illustrative drug and treatment study

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Medicine / treatment	Purpose	Nursing checks
Prescribed antibiotic	Treat the suspected or identified bacterial infection	Check allergy, timing, renal considerations and response
paracetamol	Relieve prescribed fever or pain symptoms	Check total exposure.

Treatment examples are not a prescription. Verify the authorized product, dose, route, timing, contraindications and current local product information.

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Focused nursing-problem template

Nursing diagnoses use original clinical problem wording. They are not the licensed NANDA-I classification. Verify any formal label or code against your institution's licensed current edition; select actual or risk diagnoses only when supported by assessment.

Context task: Establish the immediate clinical priorities and verify the baseline before assuming a diagnosis.

Set individualized measurable targets and an exact review time. Select actual or risk statements only when supported by assessment.

Assessment: subjective / objective	Nursing diagnosis: original problem wording	Short- and longer-term goals	Nursing interventions with rationale	Evaluation
Ask: Ask about chills, headache, intake and illness onset. Assess: Record temperature site, trend, hydration and other observations.	Raised temperature increasing discomfort and fluid needs. Possible factors: an inflammatory or infectious process. Validate against the patient's assessment.	Short-term: At the next patient-specific reassessment: Temperature-related discomfort improves and clinical deterioration is detected promptly. Longer-term: Before the clinically approved transition or agreed follow-up: Explains monitoring, hydration instructions and warning signs for review.	1. Trend temperature together with circulation, breathing and mental state. Rationale: Temperature alone does not describe illness severity. 2. Provide comfortable clothing and fluids when permitted; avoid extreme cooling. Rationale: Supportive care reduces discomfort without provoking unnecessary stress. 3. Administer prescribed treatment and obtain ordered specimens using correct technique. Rationale: Cause-directed management and reliable samples support recovery. 4. Assess severity, support oxygenation and hydration within the plan, and give indicated antimicrobials promptly. Rationale: Infection and inflammation fill alveolar spaces and impair gas exchange. The condition-specific plan addresses the underlying problem while response is monitored.	Record the baseline and reassessed finding, the time and whether this goal is met, partly met or not met. If not met, reassess causes and revise or escalate. Do not record an unobserved improvement.

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Apply this template

Complete with verified data: assessment cues; supported actual problem or risk; measurable outcome and review time; selected authorized interventions and rationale; observed response and next action.

Subjective / objective cues: _____

Patient-specific target and review time: _____

Evaluation evidence and next action: _____

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Health education and continuing care

Discuss treatment completion as prescribed, recovery pacing, respiratory hygiene and vaccination eligibility review.

Transition only after clinical readiness is confirmed. Reconcile medicines, check access and caregiver support, and document who will review the patient and when.

Urgent warning signs

Confusion, worsening hypoxia, shock or rapidly increasing respiratory effort requires urgent escalation.

Evaluation and conclusion

For each goal, document met, partly met or not met using observed evidence and the review time. Reassess and revise if progress is inadequate. Individual assessment, prioritized care and coordinated review guide this topic.

Quick Revision

- Infection and inflammation fill alveolar spaces and impair gas exchange.
- Priority concerns: Raised temperature increasing discomfort and fluid needs.
- Confusion, worsening hypoxia, shock or rapidly increasing respiratory effort requires urgent escalation.
- Discuss treatment completion as prescribed, recovery pacing, respiratory hygiene and vaccination eligibility review.

Exam / viva: What assessment evidence supports this problem, and what measurable result would demonstrate improvement?

References

Nursing Fundamentals, 2e - Ernstmeyer & Christman (editors), Open RN / WisTech Open, 2024
https://wtcs.pressbooks.pub/nursingfundamentals/

Health Alterations - Open RN / WisTech Open, 2025
https://wtcs.pressbooks.pub/healthalts/

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Nursing Pharmacology, 2e - Ernstmeyer & Christman (editors), Open RN / WisTech Open, 2023
https://wtcs.pressbooks.pub/pharmacology2e/

B.Sc. Nursing curriculum and regulatory notifications - Indian Nursing Council
https://www.indiannursingcouncil.org/gazette-notification

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