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Urinary elimination affected by illness or obstruction Acute kidney injury

Adult Health Nursing | Focused diagnosis-based template

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Fictional educational example. Individualize using verified patient findings, authorized treatment and current local protocols. No real patient record or observed outcome is claimed.

Clinical assessment

Subjective: Nausea, fatigue and much less urine than usual.

Objective findings and required checks: Urine output has fallen and renal markers are rising; volume status needs careful assessment.

Physical examination and investigations: Trend renal function, electrolytes, urine output, medicines and investigations for the cause, including obstruction when suspected.

Supply actual values, units, timing and trends during supervised application. Do not invent missing clinical data.

Clinical focus and pathophysiology

Acute kidney injury: Acute loss of kidney function disrupts fluid, electrolyte and waste regulation.

Medical / surgical management

Escalate low output, assess fluid status and implement cause-specific treatment with renal-dose review.

Illustrative drug and treatment study

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Medicine / treatment	Purpose	Nursing checks
Medication review	Identify nephrotoxic or renally cleared medicines	Prescriber or pharmacist adjusts the regimen
prescribed fluid or other therapy	Treat the assessed cause	Monitor for both underfilling and overload.

Treatment examples are not a prescription. Verify the authorized product, dose, route, timing, contraindications and current local product information.

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Focused nursing-problem template

Nursing diagnoses use original clinical problem wording. They are not the licensed NANDA-I classification. Verify any formal label or code against your institution's licensed current edition; select actual or risk diagnoses only when supported by assessment.

Context task: Establish the immediate clinical priorities and verify the baseline before assuming a diagnosis.

Set individualized measurable targets and an exact review time. Select actual or risk statements only when supported by assessment.

Assessment: subjective / objective	Nursing diagnosis: original problem wording	Short- and longer-term goals	Nursing interventions with rationale	Evaluation
Ask: Ask about dysuria, urgency, retention and usual urinary pattern. Assess: Assess output, discomfort, bladder findings and relevant urine tests.	Urinary elimination affected by illness or obstruction. Possible factors: altered bladder function, irritation or drainage difficulty. Validate against the patient's assessment.	Short-term: At the next patient-specific reassessment: Urine drainage and comfort improve within the agreed review interval. Longer-term: Before the clinically approved transition or agreed follow-up: Explains hygiene, catheter instructions if applicable and follow-up needs.	1. Measure urine trends and assess pain, retention or blocked drainage promptly. Rationale: Obstruction and low output may require urgent intervention. 2. Support privacy and indicated hygiene while avoiding unnecessary catheterization. Rationale: Comfort and infection prevention support recovery. 3. Collect ordered samples correctly and implement prescribed treatment. Rationale: Reliable assessment guides targeted management. 4. Escalate low output, assess fluid status and implement cause-specific treatment with renal-dose review. Rationale: Acute loss of kidney function disrupts fluid, electrolyte and waste regulation. The condition-specific plan addresses the underlying problem while response is monitored.	Record the baseline and reassessed finding, the time and whether this goal is met, partly met or not met. If not met, reassess causes and revise or escalate. Do not record an unobserved improvement.

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Apply this template

Complete with verified data: assessment cues; supported actual problem or risk; measurable outcome and review time; selected authorized interventions and rationale; observed response and next action.

Subjective / objective cues: _____

Patient-specific target and review time: _____

Evaluation evidence and next action: _____

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Health education and continuing care

Explain fluid instructions, avoidance of unapproved nephrotoxic products and repeat renal testing.

Transition only after clinical readiness is confirmed. Reconcile medicines, check access and caregiver support, and document who will review the patient and when.

Urgent warning signs

Hyperkalemia-related signs, pulmonary edema, severe acidosis or worsening consciousness needs urgent review.

Evaluation and conclusion

For each goal, document met, partly met or not met using observed evidence and the review time. Reassess and revise if progress is inadequate. Individual assessment, prioritized care and coordinated review guide this topic.

Quick Revision

- Acute loss of kidney function disrupts fluid, electrolyte and waste regulation.
- Priority concerns: Urinary elimination affected by illness or obstruction.
- Hyperkalemia-related signs, pulmonary edema, severe acidosis or worsening consciousness needs urgent review.
- Explain fluid instructions, avoidance of unapproved nephrotoxic products and repeat renal testing.

Exam / viva: What assessment evidence supports this problem, and what measurable result would demonstrate improvement?

References

Nursing Fundamentals, 2e - Ernstmeyer & Christman (editors), Open RN / WisTech Open, 2024
https://wtcs.pressbooks.pub/nursingfundamentals/

Health Alterations - Open RN / WisTech Open, 2025
https://wtcs.pressbooks.pub/healthalts/

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Nursing Pharmacology, 2e - Ernstmeyer & Christman (editors), Open RN / WisTech Open, 2023
https://wtcs.pressbooks.pub/pharmacology2e/

B.Sc. Nursing curriculum and regulatory notifications - Indian Nursing Council
https://www.indiannursingcouncil.org/gazette-notification

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