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Expected date of delivery

Core Nursing Essentials Nursing Calculations

The simple LMP method estimates EDD by adding 280 days for a 28-day cycle. Clinical dating, ultrasound and assisted reproduction may use a different estimate.

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Introduction & key concepts

The simple LMP method estimates EDD by adding 280 days for a 28-day cycle. Clinical dating, ultrasound and assisted reproduction may use a different estimate.

Nursing responsibilities

- Check identity, consent, the relevant observations and the purpose of the assessment.
- Record the finding, context and response using the approved clinical record.
- Escalate uncertainty or deterioration to the responsible professional; do not use a study note as a standing treatment order.

Clinical example & examination focus

In a viva, explain expected date of delivery in your own words, identify the observations needed and state a limitation. Compare the finding with the patient's baseline rather than assuming one number or label gives a diagnosis.

Quick Revision

The simple LMP method estimates EDD by adding 280 days for a 28-day cycle. Clinical dating, ultrasound and assisted reproduction may use a different estimate.

Frequently asked question

Can this summary replace practical training?

No. Use your prescribed learning material and the institution's current protocol with qualified supervision.

References & review status

- NHS - Pregnancy due-date calculator (https://www.nhs.uk/pregnancy/finding-out/due-date-calculator/) - Official resource accessed 26 November 2026. LMP-based estimation for regular cycles; clinical dating takes priority.

Sources checked for the stated scope on 26 November 2026. Original study synthesis; independent clinical review is not claimed. Source attribution is not a copyright-clearance certificate.

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