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Maternal & Newborn Nursing Essentials

Core Nursing Essentials Maternal & Newborn Nursing Essentials

Keep maternal and newborn observations distinct from adult reference values. Use this category to organize antenatal, labour and postnatal revision alongside supervised maternity and neonatal training.

For educational purposes only.

Study guide

Keep maternal and newborn observations distinct from adult reference values. Use this category to organize antenatal, labour and postnatal revision alongside supervised maternity and neonatal training.

How to revise this category

1. Choose a topic and explain its purpose.
2. Identify the observations, equipment or information needed.
3. Connect the findings to documentation, reassessment and escalation.
4. Practise under qualified supervision and review the current local protocol.

Curriculum coverage

- Antenatal assessment
- LMP and EDD calculation
- Gravida, para and GTPAL
- Leopold's maneuvers
- Fetal heart rate
- Stages of labour
- Labour Care Guide and partograph
- Postpartum assessment
- Postpartum hemorrhage
- Pre-eclampsia and eclampsia
- APGAR scoring
- Essential newborn care
- Neonatal vital signs
- Neonatal reflexes
- Kangaroo Mother Care
- Exclusive breastfeeding
- Neonatal resuscitation
- Phototherapy

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Quick Revision

Use this curriculum guide to organize study. Published summaries are listed separately. Detailed drafts remain in the private content studio until source and clinical checks are recorded.

References & review status

- WHO - Positive postnatal experience (https://www.who.int/publications/i/item/9789240045989) - 30 March 2022. Postnatal education framework; detailed procedures require separate review.

- AAP/ACOG - The Apgar Score (https://publications.aap.org/pediatrics/article/136/4/819/73821/The-Apgar-Score) - 2015 statement; source listing checked 26 November 2026. The score is documentation, not an initial resuscitation trigger.

Sources checked for the stated scope on 26 November 2026. Original study synthesis; independent clinical review is not claimed. Source attribution is not a copyright-clearance certificate.

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Source and attribution

Original curriculum guide. Source scope and versions are listed in the guide.

Online chapter: https://nursescontent.com/essentials/maternal-newborn-nursing-essentials/

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