Nurses Content
Downloaded from nursescontent.com

APGAR scoring

Core Nursing Essentials Maternal & Newborn Nursing Essentials

APGAR summarizes five newborn observations scored at 1 and 5 minutes. It does not determine whether initial resuscitation should begin or predict an individual child's future.

For educational purposes only.

Introduction & key concepts

APGAR summarizes five newborn observations scored at 1 and 5 minutes. It does not determine whether initial resuscitation should begin or predict an individual child's future.

Nursing responsibilities

- Check identity, consent, the relevant observations and the purpose of the assessment.
- Record the finding, context and response using the approved clinical record.
- Escalate uncertainty or deterioration to the responsible professional; do not use a study note as a standing treatment order.

Clinical example & examination focus

In a viva, explain apgar scoring in your own words, identify the observations needed and state a limitation. Compare the finding with the patient's baseline rather than assuming one number or label gives a diagnosis.

Quick Revision

APGAR summarizes five newborn observations scored at 1 and 5 minutes. It does not determine whether initial resuscitation should begin or predict an individual child's future.

Frequently asked question

Can this summary replace practical training?

No. Use your prescribed learning material and the institution's current protocol with qualified supervision.

References & review status

- AAP/ACOG - The Apgar Score (https://publications.aap.org/pediatrics/article/136/4/819/73821/The-Apgar-Score) - 2015 statement; source listing checked 26 November 2026. The score is documentation, not an initial resuscitation trigger.

Sources checked for the stated scope on 26 November 2026. Original study synthesis; independent clinical review is not claimed. Source attribution is not a copyright-clearance certificate.

This content is provided for nursing education and academic reference only. It is not a substitute for professional medical advice, institutional clinical protocols or supervised clinical practice.

This content is provided for nursing education and academic reference only. It is not a substitute for professional medical advice, institutional clinical protocols or supervised clinical practice.

Nurses Content
Downloaded from nursescontent.com

Source and attribution

Original concise teaching synthesis. AAP/ACOG - The Apgar Score (https://publications.aap.org/pediatrics/article/136/4/819/73821/The-Apgar-Score)

Online chapter: https://nursescontent.com/essentials/maternal-newborn-nursing-essentials/apgar-scoring/

Downloaded from Nurses Content. Branding identifies the delivery website. Original author credits, third-party licences and applicable rights remain unchanged.

Nurses Content