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Cardiopulmonary resuscitation (CPR)

Core Nursing Essentials Emergency & Critical Care Nursing

Adult CPR uses high-quality compressions with minimal interruptions. The current AHA adult guidance gives a rate of 100-120 per minute; apply the trained protocol and AED promptly.

For educational purposes only.

Introduction & key concepts

Adult CPR uses high-quality compressions with minimal interruptions. The current AHA adult guidance gives a rate of 100-120 per minute; apply the trained protocol and AED promptly.

Nursing responsibilities

- Check identity, consent, the relevant observations and the purpose of the assessment.
- Record the finding, context and response using the approved clinical record.
- Escalate uncertainty or deterioration to the responsible professional; do not use a study note as a standing treatment order.

Clinical example & examination focus

In a viva, explain cardiopulmonary resuscitation (cpr) in your own words, identify the observations needed and state a limitation. Compare the finding with the patient's baseline rather than assuming one number or label gives a diagnosis.

Quick Revision

Adult CPR uses high-quality compressions with minimal interruptions. The current AHA adult guidance gives a rate of 100-120 per minute; apply the trained protocol and AED promptly.

Frequently asked question

Can this summary replace practical training?

No. Use your prescribed learning material and the institution's current protocol with qualified supervision.

References & review status

- AHA - Adult Basic Life Support (https://cpr.heart.org/en/resuscitation-science/cpr-and-ecc-guidelines/adult-basic-life-support-) - 2025 CPR/ECC guidelines. Adult BLS principles; no copied algorithm or drug-dose protocol.

Sources checked for the stated scope on 26 November 2026. Original study synthesis; independent clinical review is not claimed. Source attribution is not a copyright-clearance certificate.

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