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# Basic Life Support (BLS)

**Core Nursing Essentials Emergency & Critical Care Nursing**

Basic Life Support links recognition, emergency activation, chest compressions and an AED. Formal practical training is necessary before clinical use.

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## Introduction & key concepts

Basic Life Support links recognition, emergency activation, chest compressions and an AED. Formal practical training is necessary before clinical use.

## Nursing responsibilities

- Check identity, consent, the relevant observations and the purpose of the assessment.
- Record the finding, context and response using the approved clinical record.
- Escalate uncertainty or deterioration to the responsible professional; do not use a study note as a standing treatment order.

## Clinical example & examination focus

In a viva, explain basic life support (bls) in your own words, identify the observations needed and state a limitation. Compare the finding with the patient's baseline rather than assuming one number or label gives a diagnosis.

## Quick Revision

Basic Life Support links recognition, emergency activation, chest compressions and an AED. Formal practical training is necessary before clinical use.

## Frequently asked question

### Can this summary replace practical training?

No. Use your prescribed learning material and the institution's current protocol with qualified supervision.

## References & review status

- AHA - Adult Basic Life Support (https://cpr.heart.org/en/resuscitation-science/cpr-and-ecc-guidelines/adult-basic-life-support-) - 2025 CPR/ECC guidelines. Adult BLS principles; no copied algorithm or drug-dose protocol.

Sources checked for the stated scope on 26 November 2026. Original study synthesis; independent clinical review is not claimed. Source attribution is not a copyright-clearance certificate.

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